

#AAF24 SCHEDULE

Welcome to the adventure! The below is the full schedule for the event! On top of everything you see here there will be activities taking place all weekend. See the activities pages of the programme or website for full details. If you have any questions just drop in to the Armchair Adventure Festival shop located on Adventure Avenue!

THURSDAY 25/7

MAIN STAGE

CAMPFIRE

15:00

FESTIVAL GATES OPEN!

17:30

Live Music
The Wave Machine

19:30

Adventure Open Mic
Night - Tell your stories
win cool prizes

21:00

Live Music
King Dinosaur

FRIDAY 26/7

	MAIN STAGE	ARMCHAIR AMPHITHEATRE	ADVENTURE SKILLS STAGE	SURVIVAL WISDOM ZONE	
10:30	Travelling in Gaddafis Libya Toby Savage		Route Planning Richard Matthews	Useful Knots Banwell Scouts	
11:30	A Tandem Sup Record Nomadic Paddler	A Year on the road in a Mog Gareth and Maria	Prepping a motorcycle for a big adventure Max Jowatt	Mine Awareness Guy Marot OBE	Fire Lighting Banwell Scouts
12:30	Travelling as a pair Simon and Lisa Thomas	Rowing the Atlantic Roz and Andy	The Retirement Rebel Refire when you retire Siobhan Daniels	Trauma & Medical Training Survival Wisdom	
13:30			Craft Hour: create your own willow sculpture Jane Gower	Paracord Bracelet Making Banwell Scouts	
14:30	Full Circle: RTW by sidecar in the 80's Richard and Mospa	The Power of The Wild Abbie Barnes	iPhone Photography Simon and Lisa Thomas	Emergency Water Filtration Survival Wisdom	Tree Climbing Banwell Scouts
15:30	RTW by Scooter & Sidecar Matt and Reece (AAF Founders)		Panel: Safety on the road Simon and Lisa Thomas, Richard Matthews, Tiffany Coates	Knife Skills Banwell Scouts	
16:30	Surviving the Silence: Antarctica Solo Sam Cox	Tough Girl Podcast Sarah Williams and Tiffany Coates		Travel Safety - What to do when it all goes wrong Survival Wisdom	
17:30		Bikers Yoga			
18:30	The Amazon: Summit to Sea John Bathgate, Ian Roberts & Cara Gilles	CAMPFIRE STAGE	SPLASH MAPS PLANNING YURT	MEET AT THE SHOP	ISLAND FEATHER WELLNESS ZONE
19:30	Real Brokeback Mountain Niall McCann	13:30 Desert Flat Bread Making	11:30 Toby Savage	08:00 Wild Swim	08:00 Gentle Yoga
20:30	Live Music Rue	Toby Savage	12:30 David Haze	11:30 Foraging	10:30 Power Yoga
21:30	Live Music 3 Daft Monkeys	15:30 Live Music Andy Quick	13:30 Siobhan Daniels	13:30 Tracking	Massages available - additional cost (see premium activity bookings)
		17:30 Live Music True Foxes	15:30 Richard and Mospa	15:30 Nature Immersion Rhoda Watkins	
			16:30 The Sidecar Guys		
			17:30 Sam Cox		

SATURDAY 27/7

	MAIN STAGE	ARMCHAIR AMPHITHEATRE	ADVENTURE SKILLS STAGE	SURVIVAL WISDOM ZONE
10:30	Fin, feather and fur: a wildlife trip around the world. Stephen Marsh	Writing for Magazines Sam Manicom	Prepping a vehicle for overland adventure: big isn't always better. Jayne and David	Useful Knots Banwell Scouts
11:30	Against All Odds: Triumph Over Taliban Gulafshan Tariq	House sitters guide to the galaxy Jessica Holmes	Adventure Planning Workshop Sarah Williams	Mine Awareness Guy Marot OBE
12:30	Panel Discussion: Mental Health and Adventure Belinda Kirk, David Haze, Abbie Barnes	Film Screening: Living on the edge Cornwall Climate Stories	Navigation Richard Matthews	Trauma & Medical Training Survival Wisdom
13:30			Craft Hour: create your own willow sculpture Jane Gower	Paracord Bracelet Making Banwell Scouts
14:30	Sailing the Atlantic Kitiara Pascoe	Adventures on a Serow. Arabia and the Middle East Helen Lloyd	Hints & Tips for planning your SUP trips Lisa Drew	Emergency Water Filtration Survival Wisdom
15:30	The Americas in a school bus Global Convoy		Wild Camping Tiffany Coates	Knife Skills Banwell Scouts
16:30	The Meaning of Life Sam Manicom	Tough Girl Podcast Sarah Williams and Candida Louis	Q&A: Freighting your vehicle Kathy Wood (MotoFreight)	Travel Safety - What to do when it all goes wrong Survival Wisdom
17:30		Bikers Yoga		

19:00 **#GetOutDoStuff Raffle and updates**
Matt and Reece

19:30 **The Darien Conquest**
John Blashford-Snell

21:00 **Live Music**
The Trouble Notes

22:00 **Live Music**
Echo Town

CAMPFIRE STAGE

13:30
Desert Flat Bread Making
Toby Savage

14:30
Hover Craft Adventures
Russ Bagley & John Barker

15:30
Live Music
Joanna Cooke

17:30
Live Music
Sam Evans

SPLASH MAPS PLANNING YURT

11:30
Stephen Marsh

12:30
Gulafshan Tariq

13:30
Summit to Sea

15:30
Helen Lloyd

16:30
Global Convoy

17:30
Candida Louis

MEET AT THE SHOP

08:00
Wild Swim

8:30
Park Run

11:30
Foraging

13:30
Tracking

15:30
Nature Immersion
Rhoda Watkins

ISLAND FEATHER WELLNESS ZONE

08:00
Wake Up Flow Yoga

9:30
Power Yoga

11:00
Gentle Yoga

Massages available - additional cost (see premium activity bookings)

SUNDAY 28/7

	MAIN STAGE	ARMCHAIR AMPHITHEATRE		ISLAND FEATHER WELLNESS ZONE		
10:30	iPhone Photography Part 2 Simon and Lisa Thomas	South America in a big truck, If we can, you can Neil & Patricia Hay	MEET AT THE SHOP 08:00 Wild Swim	08:00 Wake Up Flow Yoga	09:30 Power Yoga	11:00 Gentle Yoga
11:30	The Search for Popski's Lost Patrol Lisa and Cole Stage	Adventure together as siblings The Chicks Winners of #GetOutDoStuff Award				
15:00		Festival Closes				

PARTNERS

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RETRIBE



Moonstone and Salt

